

Mixed Media Painting on Glass

Acrylic Paint, Glass, Tile, Stone and Found Objects

“Forget your perfect offering. There’s a crack in everything – that’s how the light gets in”

Leonard Cohen

Lately, I find myself drawn to painting with bits of broken glass and other discarded things. I see this as a natural extension of my ongoing engagement with weaving together diverse and often paradoxical ideas that *tickle and thunder within me* to quote author and Jungian Analyst Clarissa Pinkola Estes (quote below).

I’m delighted with the textured and tactile tapestries that appear using materials that juxtapose and sometimes jar the senses but ultimately fit together.

Playwright and critic George Bernard Shaw claims, “*Life isn’t about finding yourself. Life is about creating yourself.*” Allowing myself to play and explore helps me to create myself as I continue to grow.

“We all begin the process before we are ready,
before we are strong enough, before we know enough.
We begin a dialogue with thoughts and feelings that both tickle and thunder within us.
We respond before we know how to speak the language,
Before we know all the answers, and before we know to whom we are speaking.”
Clarissa Pinkola Estes, *Women Who Run with the Wolves*

Beauty, Balance and Peace – Janet

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